

Ingredients: Perilla Oil, Soft Gelatine (capsule shell).

2 softgels contain: Perilla Oil - 1,000 mg (of which Alpha-Linolenic Acid - approx. 600 mg.) / * = % of the Nutrient Reference Value (NRV) under the EU Regulation on the provision of food information to consumers.

Information for diabetics: 2 softgels contain 0.06 CE (carbohydrate exchange) units.

Caution: Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the products out of sight and reach of children.

Natura Vitalis Omega-3-Perilla is the first purely plant-based omega-3 oil that we are able to offer you. The oil of the perilla plant is distinguished by its especially high content (up to 60%) of the omega-3 fatty acid alpha-linolenic acid.

PREMIUM QUALITY



OMEGA-3 PERILLA

NATURA VITALIS®

Food supplement with perilla oil.

Recommended daily dose: Take 1 softgel every morning and evening with plenty of water.

Storage: Store this product in a cool, dry place and away from direct sunlight.

Best before end: See date on base of container.

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Contents: 240 Softgels / 168 g